

**THE FUTURE OF INBORN
ERRORS OF METABOLISM:
DECODING COMPLEXITY,
DELIVERING INNOVATION**

📍 HOTEL VILA GALÉ, COIMBRA



**22ND | INTERNATIONAL SYMPOSIUM
OF THE PORTUGUESE SOCIETY
FOR METABOLIC DISORDERS**



21st March 2026

Satellite Symposium - Ketogenic Diets – What's New?

09h00 - Secretariat Open

09h30 – Welcome

Moderators: Patrícia Almeida Nunes / Rita Carvalho

09h45 Nutricia

Title: *Bioenergetic Reprogramming: Ketogenic Diet as Therapeutic Strategy in Inherited Mitochondrial and Hyperinsulinemic Disorders*

Speaker: Marcello Bellusci,

MD PhD, Reference Center for Hereditary Metabolic Disorders

From: MetabERN

10h30 Dieticare

Title: Use of a ketogenic MCT peptide feed in a patient with Multi-organ failure in critical care setting

Speaker: Candy Wong

Paediatric Dietitian, Clinical Specialty: Ketogenic Diet Therapies

From: Therapy and Dietetic Services, Royal Manchester Children's Hospital

11h15 Coffee-break

11h45 Glutamine

Title: Monitoring Micronutrient Supplementation and Its Impact in the Modified Atkins Diet

Speaker: Ana Cavalheiro

Clinical Nutrition: ketodiet in adulthood

From: ULS Santo António, Porto

Speaker: Maria Manuel Tavares

Clinical Nutrition: ketodiet in adulthood

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12h30 – Open discussion

12h45 – End of Satellite Symposium